**TPS. Adults Treatment Preparation Sessions Checklist**

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| **AT ENROLMENT** | | **COMMENTS** |
| Have you conducted psychosocial assessments?  Review and check those that have been conducted:  Mental health assessments (PHQ-9/GAD-7), substance abuse (CAGE)\* in cases of mental health issues identified refer and link to appropriate care. | **Ο YES Ο NO** |  |
| Have you identified a treatment buddy?  Ensure to involve the identified treatment buddy in the HIV education and adherence counselling sessions. | **Ο YES Ο NO** |  |
| Have you provided HIV education and counselling? (Refer to the guide from NASCOP guidelines **pg. 5-10, Table 5.2 & Annex 8**) | **Ο YES Ο NO** |  |
| Have you identified and established appropriate adherence intervention?  Have you linked them to a PSSG? | **Ο YES Ο NO**  **Ο YES Ο NO** |  |
| Have you discussed benefits of disclosure of HIV status?  If yes, formulate a disclosure plan.  Discuss on how to disclose. | **Ο YES Ο NO** |  |
| Have you discussed with patient importance of child, partner, and sexual contacts testing?  If so, ensure to identify them and invite them for testing. | **Ο YES Ο NO** |  |
| Have you discussed prevention methods such as condoms, PrEP, PEP, STI screening and treatment? | **Ο YES Ο NO** |  |
| Have you conducted ART readiness assessment?  If yes, initiate same day or agreed upon date and review the dosing and timing. | **Ο YES Ο NO** |  |
| Have you identified other needs?  If Yes, Link where appropriate. | **Ο YES Ο NO** |  |
| **\* Develop a plan of treatment and follow up plan and document on the patient file/EMR.** | | |
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| **2nd visit – 2 WEEKS after ART initiation** | | |
| Have you reviewed the patients understanding on key HIV messages?  Ensure to review and reinforce the messages delivered at enrolment. | **Ο YES Ο NO** |  |
| Have you reviewed ART dosing, timing, and reminders? | **Ο YES Ο NO** |  |
| Have you explored barriers to adherence?  Use the barriers to adherence checklist.  **Develop a plan with patient to address barriers to adherence.** | **Ο YES Ο NO** |  |
| Have you linked to identified support systems?  Support systems includes support groups. | **Ο YES Ο NO** |  |
| Have you reviewed the disclosure benefits and progress in aPNS? | **Ο YES Ο NO** |  |
| **Link to appropriate services of need and document session on patient file/EMR** | | |
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| **Four weeks after ART initiation, and further follow ups** | | |
| Have you reviewed the patients understanding on key HIV messages?  Ensure to review and reinforce the messages delivered at enrolment. | **Ο YES Ο NO** |  |
| Have you reviewed ART dosing, timing, and reminders? | **Ο YES Ο NO** |  |
| Have you explored barriers to adherence?  Use the barriers to adherence checklist.  And administer **MMAS-4**  **Develop a plan with patient to address barriers to adherence.** | **Ο YES Ο NO** |  |
| Have you reviewed the status of disclosure and progress of aPNS? | **Ο YES Ο NO** |  |
| Have you linked the patient to a PSSG? | **Ο YES Ο NO** |  |
| **Link to appropriate services of need and document session on patient file/EMR** | | |